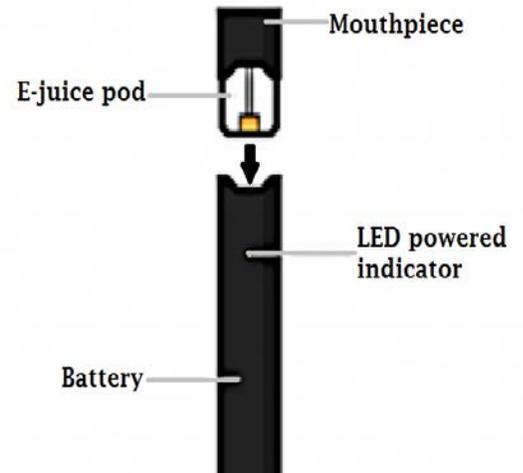


POD STYLE VAPES (JUUL)

- Pod style vapes are electronic vaping devices that are small, easy-to-use and conceal, and typically use pre-filled, pod-like cartridges which contain flavored e-juice. At a minimum, student possession of this device violates SPS' Tobacco Free Environment policy.
- The device consists of a battery with an open slot at one end where the pods are inserted. The device is activated by drawing air from its mouthpiece, which triggers a sensor inside to begin heating the coil and produce the vapor.
- JUUL is one of the most popular brands of pod style vapes. There are many other brands of pod style vapes and they come in different shapes and styles.
- Pods for these devices contain high concentrations of nicotine. JUUL doesn't sell nicotine-free pods and each pod contains nicotine equivalent to 1 pack of cigarettes.
- JUUL currently doesn't sell pods containing THC but other brands do, and it is possible to refill the pods with any e-juice of choice.
- Pods for these vapes come in different flavors. You might see a cloud of vapor and smell sweet flavors or tobacco if a person is vaping.



Examples of pod style vape and cartridge



Does e-juice contain marijuana?

It is difficult to determine the contents of the e-juice inside a vape pod because ingredients vary by company. A person should look for signs of being under the influence if they suspect someone is vaping e-juice containing marijuana.

Health effects of vaping

- Nicotine products are highly addictive and even brief periods of exposure to nicotine during adolescence interferes with normal brain maturation and has lasting impacts on cognitive abilities, mental health, and personality.
- We don't yet know the health effects of vaping due to the lack of long-term studies.
- According to Ari Atkins, engineer at PAX lab, producer of JUUL, *"We don't think a lot about addiction here because we're not trying to design a cessation product at all. Anything about health is not on our mind."*

For more information and resources, contact:

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