



SEATTLE  
PUBLIC  
SCHOOLS

Arjigan waa in la buuxiyaa sanad kasta marka dugsiga la bilaabo. Fadlan soo buuxi arjigan si dhakhso ahna ugu soo celi Neerasta dugsiga. .

Somali

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STUDENT ID# \_\_\_\_\_ SY/SCHOOL# \_\_\_\_\_ / \_\_\_\_\_

## WARBIXINTA CAAFIMAADKA ARDAYDA

Magac: \_\_\_\_\_ Dalasho: \_\_\_\_\_ Jinsi: Nin/Naag  
Awoowo Magacaaga Aabo (goobaab mid)

Dugsi: \_\_\_\_\_ Fasal: \_\_\_\_\_ Taariikh: \_\_\_\_\_

### QORSHAHA DARYEELKA CAAFIMAADKA GAARKA AH

*Hadii midba la calaamadiyey arjiga u soo dir Xafiiska Adeega Daryeelka Caafimaadka Gaarka ah ee (MS 31-650 ama soo wac 206-252-0750)*

Sonkorow – Taariikhda cudurka la ogaaday: \_\_\_\_\_ Ardaygaygu wuxuu haystaa:  bamka insulin  qalinka insulin  
 insulinta laysku mudo

Suuxdin – Ardaydaygu wuxuu u baahan yahay daawada loo qaato **Suuxdinta**. Magaca daawada: \_\_\_\_\_

Qorshaha Daryeelka Caafimaadka Gaarka ah – Ilmahaygu wuxuu u baahan yahay daryeel caafimaad oo gaara – gaadhi curyaan, tuunbada quudinta, tuunbada neefta, tuunbada kaadida, tuunbooyinka xididada ama kuwo kale. Fadlan sharax xaalada ilmahaaga:

### XAALADAHA NAFTA HALISTA KU AH

*Hadii la calaamadeeyey XaaladaNafta Halista ku ah, fadlan arjiga u soo dir dugsiga ilmahaaga*

Neef \*Khatar - (hadii halkan la calaamadiyey, fadlan ka jawaab su'aalahaan):

Haa  Maya  Ilmuhu miyuu daawada neefta u isticmaalaa si is deba jooga?

Haa  Maya  Ilmahaaga dhakhtarka ma loo dhigay sanadkii tagay neefta oo qabatay darteed?

Haa  Maya  Ilmahaagu miyuu sanadkii tagay isticmaalayey daawada isteeroohka ee loo qaato neefta?

*(hadii ay neeftu u qabato si sahlan ama dhexdhexaada, hoos ka fiiri 'Taariikhda Caafimaad –Een nolosha khatarka ku ahayn')*

Xasaasiyad - \*Khatara, oo lagu daaweeyo Epi Pen/ Auvi-Q loo qoray (waxaa ku kicin kara: cunto, cayayaan qaniina)

Xasaasiyadaha: \_\_\_\_\_

Mid kale: \_\_\_\_\_

Ilmahaygu ma qabo xaaladaha caafimaad ee kor ku xusan midna.

**Ogaysiis Waalidka/Masuulka:** Dugsiga waa in loo sheegaa wixii nolosha ardayga khatar galinaya (tusaale xasaasiyad u baahan daawo, sonkorow, neef) **ka hor intaanu ardaygu dugsiga bilaabin**, xaaladahani waxay u baahan yihiin in ardayga loo sameeyo qorshe caafimaad oo u gaara (siduu dhigayo xeerka RCW 28A.210.320). La xidhiidh neerasta dugsiga ama adeegaha caafimaadka si aad u dejisaan qorshaha caafimaadka iyo siduu daawada ugu qaadan lahaa dugsiga.

### XAALADAHA CAAFIMAADKA

Calaamadee dhibaataada caafimaad ee ilmahaagu qabo ama qabay:

ADD/ADHD  Dhiig xun  Walwal/argagax  Wadno xanuun  Dhaawac khatara  
 Xasaasiyad sahlan/khatara (goobaab mid)  Kaadi haysta  Inko xumo  Lafo xanuun  Indho xuno  
 Neef sahlan/khatara (goobaab mid)  Kansar  Dhago la' aan  Dareenka dad la dhaqanka  Mid kale

Hadii aad calaamadisay mid ka mida dhibaatooyinka caafimaad, fadlan sharaxaad ka mixi: \_\_\_\_\_

Miyaa ardayga marna dhakhtarka loo dhigay xaalad caafimaad oo khatara darteed? Haa / Maya (goobaab mid) hadii aad Haa goobaabtay, taariikhdee: \_\_\_\_\_

Ilmahaygu ma qabo xaaladaha caafimaad ee kor ku xusan midna.

**DAAWOYINKA**

Qor wixii daawo ah ee ardaygu qaato:|

Daawada uu qaato: \_\_\_\_\_ Sabab \_\_\_\_\_ Guriga Dugsiga  
Daawada uu qaato: \_\_\_\_\_ Sabab \_\_\_\_\_ Guriga Dugsiga  
Daawada uu qaato: \_\_\_\_\_ Sabab \_\_\_\_\_ Guriga Dugsiga

Ardayda u baahan inay daawo ku qaataan dugsiga (daawo dhaqmeed ama daawo dhakhtar u qoray) waa in warqada dhakhtarka iyo warqada ogolaanshaha waalidku faylkiisa ku jiraan. Xafiiska dugsiga kala xidhiidh arrojida daawo ku qaadashada dugsiga iyo warbixin iswaydaarsiga.

**WADAAGA WARBIXINTA DARYEELKA CAAFIMAADKA**

Si aan ilmahaaga ugu helo meel nabad iyo caafimaad qabta, waxaa laga yaabaa inay neerasta dugsigu u baahato inay xaalada caafimaad ee ardayga u sharaxdo macalimiintiisa iyo shaqaalaha kalee dugsiga. Haddii aad wax su'aalo ah ka qabto, fadlan la xidhiidh neerasta dugsiga ama xafiiska adeega caafimaadka.

**WARBIXINTA XIDHIIDHKA**

Fadlan nasii lambarka saxda ah ee aan kala xidhiidhi karno, neerasta dugsigana sii haday u baahato.

Magaca Dhakhtarka: \_\_\_\_\_ Telefoon: \_\_\_\_\_

Magaca Dhakhtarka Ilkaha: \_\_\_\_\_ Telefoon: \_\_\_\_\_

	<b>1. Waalidka/Masuulka</b>	<b>2. Waalidka/Masuulka</b>
<b>Magacyada:</b>		
Telefoonka guriga:		
Telefoonka gacanta:		
Telefoonka shaqada:		
Email:		
Warbixin dheeraada:		

\_\_\_\_\_  
Magaca Ardayga

\_\_\_\_\_  
Magacaaga (daabac)

\_\_\_\_\_  
Waxaad ardayga isku tihiin

\_\_\_\_\_  
Saxeex

\_\_\_\_\_  
Taariikhda Maanta

Nurse Review Date/Initial: \_\_\_\_\_